



## **PA FOP Lebanon Lodge No. 42**

### **Police Officer Support Team – Training**

Power In Peers© is a standardized curriculum in peer support designed by law enforcement for law enforcement. The course provides a national certification and is considered to be a comprehensive course for both beginners and those with previous peer support experience.

**Target Audience** - Active or retired sworn law enforcement officers, civilian staff employed by a law enforcement agency, police chaplains, mental health clinicians serving law enforcement populations. FOP Membership is NOT required to receive training or assistance. This is a FREE training, with cost absorbed by Lebanon Lodge No. 42.

#### **Course Overview**

This course will train active and retired members of law enforcement, as well as civilian support staff and mental health clinicians, to assist and support peer officers with managing stress related not only to their duties as law enforcement officers, but also with stress related to life outside the scope of the job. While trained peer support

services are most likely to be sought out following a critical incident, course participants will be equipped to assist fellow officers with managing everyday stressors related to life as a law enforcement professional. Thus, this course contains post-critical incident skills development, but also focuses on active listening skills as well as concepts from the field of Positive Psychology which focus on the development of individual strengths of the supported officer. This course is intended to increase the skill level and number of trained peer supporters among members of the law enforcement profession. In addition, it will create a national standard for trained peer support in peer support, and provides the student with access to a nationwide network of trained mentors.

Course is 40 hours (5 days) and will be held at the Lebanon County Department of Emergency Services, 1805 Cornwall Road, Lebanon, PA 17042. Dates are:

- 👮 Fri, June 06, 2025, 0800 – 1700 hours
- 👮 Sat, June 07, 2025, 0800 - 1700 hours
- 👮 Sun, June 08, 2025, 0800 - 1700 hours
- 👮 Sat, June 28, 2025, 0800 – 1700 hours
- 👮 Sun, June 29, 2025, 0800 - 1700 hours

If you have any questions, please contact [FOP42President@gmail.com](mailto:FOP42President@gmail.com).

Lebanon County Police Support Team membership is subject to Lodge approval.